

Free Throws

Rule 8

Rule 8: Free Throw

- The administering official is to bounce the ball to the free thrower for a free throw (FT)
- Once the ball is caught by the free thrower, either team may be guilty of a violation
- When a FT follows a timeout or intermission, the resumption of play (ROP) procedure is in effect to prevent delay
- Administer Penalties for Fouls in the order that they occurred!

Rule 8

- Resumption of Play for free throws:
 - If the free thrower is not ready (in the semi-circle), then the official should sound his whistle and place the ball on the floor
 - If the opponents are not ready, the administering official is to sound his whistle and bounce the ball to the free thrower. A delayed dead-ball violation is in effect. If the free throw is missed, a substitute throw is awarded. This is because it is required that Team B players occupy the first marked lane spaces above the blocks.
 - If either team violates again, a technical foul will be charged to that team

Rule 8

- If the ball is to remain dead after the last awarded free throw, no players are allowed along the lane lines
- If the last awarded free throw is to remain alive, opponents of the shooter must occupy the first two lane spaces
- A maximum of six players are allowed to occupy lane line (4 defensive, 2 offensive)
- A player occupying a marked lane space, may enter the lane on release of the ball by the free throw shooter (Rule 9-1-3)
- Any player not in a marked lane space must be behind the FT line extended and outside the 3 point arc

Rule 8

- If a player is fouled and FT's are awarded, the fouled player must attempt the shots unless he is forced to withdraw due to injury or disqualification. An eligible substitute must attempt all FT's. If there are no eligible substitutes remaining, the FT's may be attempted by any player on the team so designated by captain or coach

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- Technical Foul FT's may be attempted by any player or eligible substitute. The designated player may attempt some or all of the FT's. The captain or coach designates the shooter(s)
- Free throw Tries must be made within ten (10) seconds of the ball being at the disposal of the free thrower

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- Once the ball is at the disposal of the free thrower, only the team that is attempting the FT may request (and be granted) a time out
- If the last FT is unsuccessful along the lane, the ball stays live when the FT is missed
- If the last FT is successful when players are along the lane, the ball becomes dead when it passes through the ring. B can take the ball out for an endline throw-in

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- If players are not allowed to occupy lane spaces, one of the following has occurred:
 - A. Technical Foul shots: Inbounds Spot is at division line opposite table
 - B. Intentional Foul Shots: Inbounds Spot is out of bounds spot nearest the foul
 - C. Flagrant Personal Foul: Inbounds Spot is out of bounds spot nearest the foul